

### Post 16 Options: What is available to you?



These are the three options when you leave school after your GCSEs and think about your career:

1. Remain in full-time education
2. Start an apprenticeship or traineeship\*
3. Spend 20 hours a week working or volunteering whilst also doing part time education or training

\*A traineeship is a course with work experience that gets you ready for work or an apprenticeship.

All Post-16 options involve some level of education or training.



- Each apprenticeship has a level, as well as an equivalent educational level
- You can start an apprenticeship at any level, but some require previous qualifications

